



The Sugarloafer

August September October 2011

The Newsletter of the
Seneca Valley Sugarloafers Volksmarch Club, Inc.
Established 1987

Welcome to our new members!

Merlene Burnham
Donna Mae Murphy
Diane Paules
Etta Christine Smith

Annual Club Picnic and Walk

Margie Martin

Mark your calendar! Our group Brown Bag walk is scheduled for Sunday, September 18. We will begin the Adams Morgan year-round walk at 2:00 p.m. so that we can enjoy the Meridan Park drummers who perform each Sunday from 3 - 9. Bring a snack to enjoy while we listen to the drummers and have our picnic in the Park. You may also get carry out from the many restaurants along U Street. Please arrive no later than 1:45 p.m. to register for the walk as we will start promptly at 2:00 p.m. Hope to see you there.

Directions: The Start Point is McDonald's, 2616 Connecticut Avenue, N.W., Washington, D.C. 20008. Telephone 202.462.8773. Metro: Use the Woodley Park Zoo/Adams Morgan (Red line) Metro exit. Driving: Connecticut to Calvert St. Turn right on Calvert St. Park on neighborhood streets weekends only or in the Omni Shoreham Hotel parking lot at Calvert St (at hourly rates).

INSIDE THIS ISSUE:

President's Message	2
Member Milestones	2
Warren Buffett History Trail	3
Takoma Park	4
25th Anniversary—Coming Attractions	4
Thank You from Dorothy Day Place	4
Club Events	4
Group Walks	5
Dues Reminder	5
Treasurer's Report	6
Changes to Rock Creek YRE	6
AVA Policy Change—	7
New Trail Rating System	7
Monthly Meetings & Monthly Dinners	8
YREs	9
Wednesday Walks	9
Area Volksmarch Events	10 & 11
25th Anniversary Sponsor a Walk in 2012	13

Seneca Creek State Park Moonlight Walk

Jone Parr

On Saturday, November 12, we will be having our annual night Volksmarch in Seneca Creek Park. Registration is from 6:30 p.m. to 7:00 p.m. at the Park Offices, 11950 Clopper Road, Gaithersburg, MD.

What a special opportunity! You will be able to experience our beautiful Seneca Creek State Park in the moonlight. The Park will reopen that evening especially for our Volksmarch. This walk is in memory of Bill Larson, who was a beloved, longtime Sugarloafer member and a volunteer ranger at Seneca Creek State park.

The 6km and 10km trials (rated 1+) are on the park roads and the full moon will be shining! Maps and written instructions will be provided.

Please bring a flashlight. No pets are allowed for our night walk. You must finish walking by 10:00 p.m. The Park gates close promptly at 10:30 p.m.

For more information, contact Jone Parr at 301.926.8580 or 301.385.0054 (cell) or Jone.P@comcast.net.

We'll be looking for you on November 12th.

President's Message

Jim Hathaway



Welcome to Janis Wolford who volunteered to be the Secretary for the Sugarloafers for the coming year. Volunteers make it possible for the Sugarloafers to put on great walks & to run the club smoothly. I hope each of you will seize the opportunity to help the club in the near future.

Our 25th anniversary is next year - 2012. A committee of club members has been meeting to determine a theme, a logo, and ways to make this a memorable year. If you have any suggestions, please contact me at HATHAWAYJD@aol.com.

The AVA has a new policy concerning Event books. As of July 1, 2011, event books may now be stamped once per day for every event completed. The old rule stated you could only stamp an Event book twice a year, per event, once in the first half where the stamp had a + sign and once in the second half where the event stamp did not have a + sign. This change will put the policy for event books more in line with the policy for the distance books.

There has also been a request for Volksmarchers to send in their completed record books to AVA HQ. The AVA HQ uses the number of record books processed to prove to potential sponsors how many active members are doing the walks. So the more record books processed the more likely we will be able to attract sponsors.

The AVA also voted to hold its convention in April, May or June of every second year. This is a change from the policy that the convention could only be held in June.

The AVA will have a new trail rating system starting in 2012 (see the rating description elsewhere in this newsletter). The system will be two characters, the first being the elevation change and the second the type of surface the walk in on. The letter part of the rating will be very descriptive and helpful in describing the walk.

Member Milestones

Compiled by Dot Marshall



Distance (km)		Events		Events (con't)	
Heather Coxon	1,500	E. Linda Rafats	30	Kathleen Dove	1,200
Katherine Berry	2,000	Kathy Vasconez	30	Dorothy Marshall	1,700
Carolyn Thurber	2,000	Katherine Berry	150	Mary Ptacek	1,800
Maribeth Evans	3,000	Heather Coxon	150		
Evelyn Naranjo	5,000	Virginia Sorley	225		
Kathleen Dove	14,000	Paul Sullivan	525		
Gale Waibel	19,000	Carolyn Thurber	950		
Mary Ptacek	20,000	Jone Parr	1,050		

Warren Buffett—Top of the Town—History Trail

Paul Sullivan

Warren was absent from a Seneca Valley Sugarloafers Warren Buffett History Trail but 126 walkers were present on May 14, 2011, a day when the weatherman suggested to keep an umbrella handy. Yvonne Pennington and her husband, David, loaned us tents to protect registering and returning walkers as well as volunteers. Thanks to Diane White's publicity there were participants from District of Columbia, Maryland (Annapolis Amblers) and Virginia. The oldest pre-registered walker, Roger Polhemus, from Mount Orab, Ohio, heard about the walk by reading an article in *The Wanderer*.

Starting at the GEICO Insurance Headquarters building, the trail followed Warren Buffett when he lived in this area as a teenager. Walk instructions included commentary mentioned in his authorized biography, *The Snowball, Warren Buffett and the Business of Life*, written by Alice Schroeder. Sites included; where he attended school (Alice Deal Junior High School, and Wilson High School), where he engaged in mischief (Sears store), where he delivered newspapers (Westchester Apartments) and the home where he lived. In addition, the trail followed portions of DC Cultural Tourism's Tenleytown Heritage Trail including Fort Reno, the highest (409 feet) natural elevation point in the District of Columbia and one of the oldest Federal Monuments, a District of Columbia/ Maryland Boundary Marker. AVA Special Programs included; Firehouses, Forts, Historic Churches, Artistic Heritage and Law Enforcement.

Thanks to all those volunteers who made the walk not only possible but also informative and interesting. It was most encouraging to see new faces who stepped up to cover for those regular volunteers who were on a Tater Tour. Thanks to: Logan Alley, Alison Andrews, Pat Astill, Ed Branges, Mike Cannon, Kernan Chaisson, Ted Deppner, Alice Filemyr, Jean Francis, Jim Friedman, Jeff Giddings, Maria Inocencio, Margie Martin, Clayton Mansfield, Nadine Mildice, Evie Naranjo, Peg Norelius, Yvonne Pennington, Carolyn Petruzzelli, Marilyn Phukan, Lee Powell, Kathy Vasconez, Ken Weiss, Diane White and Janis Wolford.

Thanks, also, to GEICO our start point sponsor. How appropriate that GEICO was our start point sponsor. GEICO was a start point investment for Warren Buffett. As a young student at Columbia, Warren first purchased GEICO stock. By the end of 1951, he had close to three-quarters of his net worth invested in GEICO. He would later sell the stock only to buy the entire company which is now wholly owned by Berkshire Hathaway.

This was my first experience as POC and I had the good sense to share the duties with Jim Hathaway whose vision and encouragement was invaluable in mapping out and conducting the walk. Special thanks to Jim Hathaway, Jone Parr, map-maker Ward Parr, Carolyn Thurber and pre-walkers who contributed comments and suggestions that resulted in a successful event. And finally, thanks to all those who ventured out on a gloomy day to walk the Warren Buffett – Top of the Town - History Trail.



YRE Discount Coupons

\$30 for a sheet of 12.

Contact Faye Foote (301.598.5251)

Good for one Sugarloafer Year Round Event, including seasonal events. Our Discount Coupons do not expire.

A great value for any walker.

Takoma Park Walk

Maribeth Evans

Hard to believe our luck at that time in the spring. We could have had April showers but clear skies and comfortable temperatures prevailed. Our numbers for this one-day event were decent also - 107 registered walkers with 85 for IVV credit.

Thanks to the volunteers and thanks to those who participated. Our club is fortunate to have this level of activity year after year. Our 25th Anniversary is just around the corner in 2012 so on to another successful 25 Years !!

We Celebrate our 25th Anniversary in 2012

2012 is the 25th anniversary of the Seneca Valley Sugarloafers Volksmarch Club. To celebrate we are planning a number of special activities. Some plans include an anniversary banquet, special 2012 only walk coupons, and a *12 in 2012* program. We will also have some freebies and special order items available throughout the year. Watch for details in the next edition of the *Sugarloafer*.

Thank You from the Dorothy Day Place

Faye Foote received a letter from the Dorothy Day Place thanking her for a recent donation. Faye coordinates regular donations to the Dorothy Day Place with items donated by Sugarloafer members. The Dorothy Day Place provides shelter and life skills to twenty women to assist them with rebuilding their lives and transitioning back into the community.

Club Events

Sun., Sept. 18: YRE Volksmarch and Club Picnic (brown bag) -- Adams Morgan, DC

Oct 7 – 10: Sugarloafer Club/Tater Tour trip to Finger Lakes region of NY

Sat., Nov. 12: Moonlight Volksmarch, Seneca Creek State Park, Gaithersburg

Thurs., Dec. 8—Fri., Dec. 30: Kensington & Mormon Temple Holiday Lights (Seasonal)

Everywhere is in walking distance if you have the time.

— Steven Wright

Club Group Walks

Jone Parr

Details will be sent out a couple weeks or so before each walk via e-mail from Maribeth Evans. We hope you will plan to join us! If you do not have e-mail, please call the leader to get the walk details.

Aug -- Jim Hathaway
hathawayjd@aol.com
 301.229.1356

Sept -- Margie Martin
margie.m@verizon.net
 301-977-5190

Oct -- Maribeth Evans
gammie0612@verizon.net
 301-946-5496

Nov -- Jone Parr
Jone.P@comcast.net
 301.926.8580

Dec -- NO group walk planned

Sugarloafer Dues Reminder

July 1 is the beginning of the fiscal year for Sugarloafers. Membership dues are due at that time. If you receive a paper copy of the newsletter, your membership expiration date is on the address label. Please check that. Those who receive their newsletter by email have received a general email message regarding dues. If your membership has expired and you have not renewed by the time you receive this newsletter, you will get a personal email reminder.

MEMBERSHIP LIST

In November, each member family receives a Sugarloafer membership list. Please check your list for correctness. If changes are needed, contact Carolyn Thurber at cbthurber@verizon.net or 301.926.0915. Keep this list in a handy place. Use it to find walking companions and others who live in your area. Perhaps you can carpool to events, meetings, and other club activities.



"Moving together toward a healthier America"

Treasurer's Report

E. Linda Rafats

In comparison with many other AVA clubs, the Seneca Valley Sugarloafers Volksmarch Club is in very good financial condition. During the past Fiscal Year (from July 1, 2010 to June 30, 2011), the Club generated most of its income from both YRE and one-time events which brought in a total of \$4,984.00. The other major income for the club is member dues. Members paid \$1,625.00 during the last Fiscal Year. The Club's expenditures were primarily directed to support YRE and one-time events, being a total of \$4,274.44. Most of the latter are payments to AVA for sanction and participation fees. In FY 2010, the Club donated \$1,500 to nonprofit organizations which benefit walking (see previous newsletters). When taking a comprehensive view of both gross income and gross expenses, the net for FY2010 is a slight negative income, which is being absorbed by the Club savings. Being both tax exempt and nonprofit means that the Club must not make a large profit from year to year. Further, it cannot benefit any single person or group of persons because its charter is to serve the public.

As treasurer, I am responsible for filing Form 990N, which exempts the club from paying Federal taxes and allows it to retain its tax exempt status. This form is sent to AVA along with an annual report for their records. These reports are complete for FY 2010. The State of Maryland requires a property tax report annually to maintain its nonprofit status. This report is complete. Due to the Club's mission and small size, it pays no Maryland property tax.

The Club's financial strength allows us to provide consistent support to you. Without this strength, we could not pay the fees required of us to sanction an AVA walk which requires payment at least six months ahead of the walk. (We would be required to pay a penalty fee if we did not pay this ahead of time.) Without this strength, we could not provide you with stamped envelopes for returning your YRE documentation to box tenders. (Some clubs require you to supply the stamp.) Without this strength, the club could not afford to have "free" walkers. (Some clubs require payment by all who walk.) In short, your money provides benefits to you that are both seen and unseen. And of course, we cannot forget the tens of volunteers who make the walks we enjoy possible, from as far ahead as a year before the walk.

Changes to our Rock Creek Park (Y0887) YRE

The distances for this Volksmarch have been updated to 5/10/11/12/20 km. The 11 km option includes a grist mill for the Grist Mill Special Program. The 12 km trail is the Parklawn Cemetery bypass trail for dog walkers.

AVA Policy manual change - Event Books

The AVA has a new policy concerning Event books. As of July 1, 2011, event books may now be stamped once per day for every event completed. The old rule stated you could only stamp an Event book twice a year, per event, once in the first half where the stamp had a + sign and once in the second half where the event stamp did not have a + sign. This change will put the policy for event books more in line with the policy for the distance books.

New Trail Rating System - Effective 2012

Source: AVA Trailmaster Guide and Certification Document

AVA has instituted a change in the trail rating system. Instead of numerals with or without a "+", a new two part numerical/alpha rating system will give event organizers a reliable tool so participants will have an idea what to expect on a route, whether it is for walking, biking, cross-country skiing, or snowshoeing. They need to know about major elevation gains, heavy traffic, narrow road shoulders, construction detours, roaming dogs, cattle guards, and the like on the route. Use words to describe conditions not covered in the rating system. This is also a safety issue since an improperly/underrated event could have serious consequences for someone who is not physically prepared for more strenuous route conditions. Further, if you underrate your event, this is deceptive advertising.

PART 1 – Incline

PART 2 – Terrain

1.	Very small hills or very little stair climbing. Probably suitable for strollers and wheelchairs. Elevation gain from Starting Point is up to 500 feet	A.	Almost entirely on pavement. Probably suitable for strollers and wheelchairs
.			
2.	Some moderate hills and stair climbing. Probably suitable for strollers. May not be suitable for wheelchairs. Elevation gain from Starting Point is 500 – 1,500 feet.	B.	A significant part of the route is on well-groomed trails with very few obstacles. Probably suitable for strollers but may not be suitable for wheelchairs.
.			
3.	Some significant hill or stair climbing. Not suitable for strollers or wheelchairs. Elevation gain from Starting Point is 1,500 – 2,500 feet.	C.	A significant part of the route is on somewhat difficult terrain (rocky/rooted paths or soft sand). Not suitable for strollers or wheelchairs.
.			
4.	Lots of significant hills or stair climbing. Elevation Gain from Starting Point is 2,500 – 3,500 feet.	D.	A significant part of the route is on very difficult terrain.
.			
5.	Many steep hills. Elevation gain from Starting Point is more than 3,500 feet.	E.	The majority of the route is on very difficult terrain.

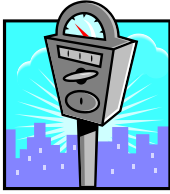
A route that is mostly on flat pavement would be rated 1A.

A beach walk would be rated 1C.

A route with moderate hills on well-groomed trails would be rated 2B.

Sugarloafer Monthly Meetings (August – November 2011)

MONTHLY BUSINESS MEETINGS	7:45 PM on the second Tuesday of the month (unless noted)	Adventist Rehabilitation Hospital of Maryland 9909 Medical Center Drive Rockville, MD 20850 ***NOT Shady Grove Adventist**	Maribeth Evans 301.946.5496 Gammie0612@verizon.net
----------------------------------	---	--	--



There is a charge to park in the lot at the front door of the Adventist Rehab Hospital for our meetings. The fee is \$1.50/hr. You will get a ticket as you drive in. You pay when you leave, via cash or credit card, in the lobby at a machine. (The club will give you a volksmarch coupon worth \$3.) At this time there is still FREE parking on the street!

Sugarloafer Monthly Dinners (August – November 2011)

Dinners are the last Tuesday of the month. Men's dinners start at 6:30 p.m. Women's dinners start at 6:00 p.m.

MEN'S DINNERS

August 30	Roy's Place , 2 East Diamond Avenue, Gaithersburg, 301.947.5548, www.roysplacrestaurant.com	Aug - Steve Nichols, 301.921.6316, stevennichols@gmail.com
September 27	La Tasca , 141 Gibbs Street, Rockville, 301.279.7011 http://www.latascausa.com/site/locations/rockville-md/	Sep—Manuel Porres, 301.622.0290, manuelpp2@msn.com
October 25	To Be determined	Oct—To be determined
November	No Dinner due to Thanksgiving Holiday	

WOMEN'S DINNERS

August 30	Bugaboo Creek Steakhouse , 15710 Shady Grove Rd., Gaithersburg, MD 20877, 301.548.9200, www.bugaboocreek.com	Diane White, 301.926.6425, dewhite1@verizon.net
September 27	Red Hot and Blue , 16811 Crabbs Branch Way, Derwood, MD 20855, 301.948.7333 www.redhotandblue.com	Sept - Jackie Johnson, 301.977.6870 trvlpr@comcast.net
October 25	Italian Pines , 12166 Darnestown Road, Gaithersburg, MD 20878, 301.977.4600 Located in The Shops at Potomac Valley, cor- ner of Darnestown Road and Quince Orchard Road www.italianpines.com	Oct—Judy Sholes, 301.948.1462 jsshholes@yahoo.com
November	No Dinner due to Thanksgiving Holiday	

Sugarloafer Sanctioned YREs (2011)

Location (YRE Number)	Distance	Start Point	Point of Contact Phone/ Email
Rock Creek Park (Y0887)	5/10/11/12/20 km	Caribou Coffee Rockville, MD	Verk Eubanks 301.460.4513 Verkanneeubanks@msn.com
Seneca Creek State Park (Y0339)	5/10/20 km	Denny's Restaurant Gaithersburg, MD	Maria Inocencio 301.990.8831 binocencio@comcast.net
Montgomery Village Lake Trails (Y0889)	5/10/20 km		
Zoo/National Cathedral/Adams Mor- gan (Y0552)	5/10/20 km	McDonald's Washington, DC	Jim Hathaway 301.229.1356 hathawayjd@aol.com
Embassy Row/National Cathedral (Y0553)	10/20 km		
Historic Georgetown (Y1394)	10/11 km		
Sligo Creek Park (Y1167)	5/11 km	Carmelo Bakery Wheaton, MD	Maribeth Evans 301.946.5496 gammie0612@verizon.net
Lakeforest Mall (Y1367) INDOOR WALK	5/10 km	Silver Diner in Lakeforest Mall Gaithersburg, MD	Jackie Johnson 301.977.6870 trvlmpr@comcast.net
Montgomery Mall/Cabin John Park (Y1539) INDOOR and Outdoor	5/10/20 km	Caribou Coffee in Mont- gomery Mall Bethesda, MD	Heather Coxon 301.926.9065 heathercoxon@yahoo.com

The Sugarloafer is published by the
Seneca Valley Sugarloafers Volksmarch Club, Inc.
P.O. Box 3716, Gaithersburg, MD 20885.3716

Articles should be submitted by email to
Martha Pedersen, Newsletter Editor at
martha_pedersen@hotmail.com.

Deadline for the November/December 2011 January 2012
issue is October 15, 2011
Submissions accepted anytime.

Jim Hathaway	President	301.229.1356
Maribeth Evans	VP, Communications	301.946.5496
Carolyn Thurber	VP, Membership	301.926.0915
Jone Parr	VP, Events	301.926.8580
Janis Wolford	Secretary	301.421.1150
E. Linda Rafats	Treasurer	301.251.1543

Wednesday Walks—5km



We have a 5km group
walk every Wednesday
morning. Join us for a
casual walk and good company. It's a
great way to meet other Sugarloafers.
Check your email from Maribeth Evans or
contact Ed Branges, at 301.340.9418 or
ebran@webtv.net for more information.

Regular Volksmarch Events in our Area – Sugarloafer Walk Events are highlighted August – November 2011

Date	Location	Contact	Sponsoring Club
August 2011			
06	Elkridge, MD Walk in the Park (Rockburn Branch Park) Summer Series	John, 410.290.6510 john dye@comcast.net	Columbia Volksmarch Club
20	Greenbelt, MD Buddy Attick Park	John, 301.937.3549 mcjohn_h@verizon.net	Great Greenbelt Volksmarchers
22	Alexandria, VA Evening Walk	Tom, 703.765.3128 tbaerwal@nsf.gov	Washington DC Area VM Club
27	Hagerstown, PA Augustoberfest	Chuck, 410.795.7855 cbm95@comcast.net	Piedmont Pacers
September 2011			
03	Rockbridge County, VA.	Annette, 757.766.3065 ahtollett@yahoo.com	Virginia Volkssport Association
04	Buena Vista, VA	Annette, 757.766.3065 ahtollett@yahoo.com	Virginia Volkssport Association
05	Waynesboro, VA	Annette, 757.766.3065 ahtollett@yahoo.com	Virginia Volkssport Association
10	Lutherville, MD	Sue, 410.252.3165 suethewalker@verizon.net	Baltimore Walking Club
11	Laurel, MD Special 9/11 Memorial Volksmarch	Phill, 301.717.3604 kindfellow1@comcast.net	Freestate Happy Wanderers
12	Fairfax Station, VA Evening Walk	Jim, 703.644.2129 jtrus@aol.com	Northern Virginia Volksmarchers
15	Norfolk, VA Night Walk	Ken, 757.490.9324	Gator Volksmarsch Club
17	Burke, VA Burke Lake Park	Steve, 703.644.0189 Nicebrowns@verizon.net	Northern Virginia Volksmarchers
17/18	East Berlin, PA	Sue, 717.432.2195 ywrw@hotmail.com	York White Rose Wanderers
24	Lovettsville, VA Lovettsville Oktober- fest and Fall Crafts Fair	Bob, 703.737.2175 rcwright2@jhu.edu	Loudoun Walking & Volkssport Club
26	Alexandria, VA Evening Walk	Tom, 703.765.3128 tbaerwal@nsf.gov	Washington DC Area VM Club
October 2011			
01	Bordertown, NJ	Diane, 609.259.2419 dianeg6@aol.com	Princeton Area Walkers
01	Williamsburg, VA	Annette, 757.766.3065 ahtollett@yahoo.com	Virginia Vagabonds
01/02	Frederick, MD Frederick Oktoberfest	Chuck, 410.795.7855 cbm95@comcast.net	Piedmont Pacers

01/02	Alexandria, VA Oktoberfest	Kristin, 703.805.1488 kristin.mayer@us.army.mil	Ft. Belvoir Outdoor Recreation
02	West Annapolis, MD West Annapolis Oktoberfest	Diane, 410.224.0907 dcmesser@verizon.net	Annapolis Amblers
08	Culpeper, VA	Paul, 540.455.0772 paul.farrow@us.army.mil	Germanna Volkssport Association
09	Damascus, VA	Sam, 757.766.3085 runs bears@gmail.com	Virginia Vagabonds
10	Bristol, VA Tennessee/Virginia Walking Weekend	Annette, 757.766.3065 ahtollett@yahoo.com	Virginia Volkssport Association
15	Greenbelt, MD Shrom Hills Park	John, 301.937.3549 mcjohn_h@verizon.net	Great Greenbelt Volksmarchers
21	Arlington, VA	Dolores, 703-209-0174 usfwf@yahoo.com	US Freedom Walk Festival Club
22	Arlington, VA	Dolores, 703.209.0174 usfwf@yahoo.com	US Freedom Walk Festival Club
22	Lucketts, VA	Bob or Suzanne, 703.737.2175 rcwright_va@adelphia.net	Loudoun Walking & Volkssport Club
22	Portsmouth, VA.	Sam, 757.766.3085 runs bears@gmail.com	Virginia Vagabonds
23	Arlington, VA	Dolores, 703.209.0174 usfwf@yahoo.com	US Freedom Walk Festival Club
29	Mt. Airy, MD	Jerry, 301.829.3685 JGBaugher@aol.com	Piedmont Pacers
November 2011			
05	Elkridge, MD Patapsco Valley State Park	John, 410.290.6510 johndye@comcast.net	Columbia Volksmarch Club
05	Newport News, VA	Diane, 757.890.9220 walkingtheusa@gmail.com	Peninsula Pathfinders
11/13	Gettysburg, PA Haunted Gettysburg Weekend	Tom, 717.677.6511 ywrw@hotmail.com	York White Rose Wanderers
11/13	Gettysburg, PA Haunted Gettysburg Weekend	Tom, 717.677.6511 ywrw@hotmail.com	York White Rose Wanderers
11/13	Gettysburg, PA Haunted Gettysburg Weekend	Tom, 717.677.6511 ywrw@hotmail.com	York White Rose Wanderers
12	Gaithersburg, MD Night Walk	Jone, 301.926.8580 Jone.P@comcast.net	Seneca Valley Sugarloafers
12	Gettysburg, PA Swim	Tom, 717.677.6511 ywrw@hotmail.com	York White Rose Wanderers
12	Ortana, PA Haunted Gettysburg Weekend	Tom, 717.677.6511 ywrw@hotmail.com	York White Rose Wanderers

Source: http://www.mdvolks.org/new_walklist.php

If you would like to submit an article about a Volksmarch you completed or an event you attended, please send it to Martha Pedersen, Newsletter Editor, at Martha_pedersen@hotmail.com. Photos are welcome. Submissions accepted at any time. Please put "Sugarloafer Submission" in the subject line.

Celebrate our 25th Anniversary

Sponsor a Sugarloafer Walk in 2012!

To celebrate the 25th anniversary of the Seneca Valley Sugarloafers Volksmarch Club, we are offering you the opportunity to sponsor a year-round, seasonal, or traditional walk in honor or memory of someone you designate. Event sponsorships are only \$25. Your name or your honoree's name will appear on the event brochure and walk instructions. Complete the form below and send it with your check, payable to SVSVC, to the club treasurer, E. Linda Rafats, 1906 S. Fallsmead Way, Potomac, MD 20854-2639.




2012 VOLKSMARCH SPONSORSHIP

I/We would like to sponsor the following year-round, seasonal, or traditional walks for 2012:

In honor/memory of _____

Signed: _____

Please make your check payable to SVSVC and send it with this form to: E. Linda Rafats, 1906 S. Fallsmead Way, Potomac, MD 20854-2639. Include \$25 for each walk you wish to sponsor.



We're on the Web!

www.sugarloafers.org

The Sugarloafer

Seneca Valley Sugarloafers

Volksmarch Club, Inc.

P. O. Box 3716

Gaithersburg, MD 20885.3716